

Register your
team of 3
today!

getactive
CHALLENGE

www.getactivecornwall.co.uk



2017 GET ACTIVE CHALLENGE

Being a bit more **ACTIVE**
is **EASIER** than you think!

Get together with friends & colleagues
and take your first steps towards a
healthier, happier you

Aimed at those who do little or no
activity, the Get Active Challenge will
support you to increase your activity
levels in lots of different **FUN & EASY**
ways!

Your new active lifestyle starts on:
Monday 11th September 2017



Feel good in
your body



Relieve life's
stresses & strains

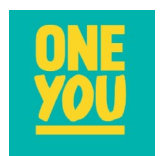
For more information & to register please visit:
getactivecornwall.co.uk/challenge

Email: info@getactivecornwall.co.uk

Tel: 01872 323344

Twitter: @cornwallsportsp #2017GACChallenge

Facebook: facebook.com/CornwallSportsPartnership



Get Together | Get Out | Get Active